

Grand Canyon

National Park Service
U.S. Department of the Interior

Grand Canyon National Park



Day Hiking the Rim Trail



The Rim Trail stretches from the South Kaibab Trailhead west to Hermits Rest, a distance of approximately 13 miles (21 km). Most of the trail is paved.

Hike Smart

Before You Go

- Check the weather and adjust plans; avoid summer heat. Remember the weather can change suddenly.
- Leave your itinerary with someone who will notice if you are overdue and report it to 911.
- Hydrate, but don't force fluids. Eat a good meal, and get a good night's sleep. If you do not feel well, do not hike.



For more information about Leave No Trace strategies, hiking tips, closures, roads, trails, and permits, visit go.nps.gov/lgrca-backcountry.

8 Essentials for Your Day Pack

1. Water: bring a sufficient amount and extra in case of emergency.
2. Salty snacks and high-calorie meal(s)
3. First aid kit, prescriptions, blister care, duct tape, and pocket knife
4. Map or trail guide
5. Flashlight or headlamp with spare batteries
6. Sunscreen, wide-brimmed hat, and sunglasses
7. Broken-in walking shoes with good soles and hiking poles
8. Layers of clothing

Trail Condition

This well-defined, mostly paved trail ranges from flat to inclines and offers shade. Great for visitors who desire an easy hike with minimal elevation change, excellent walking, and views down into Grand Canyon. In winter, surfaces

may be slippery or icy—use shoe traction devices. Beware of lightning during summer thunderstorms. Leashed pets are permitted on the trail, but not on park shuttle buses.

Trail Accessibility

Wheelchair accessible from Lookout Studio to South Kaibab Trailhead. West of Bright Angel Lodge, the Rim Trail narrows and climbs the Bright Angel Fault to viewpoints along Hermit

Road. Between Powell Point and Monument Creek Vista the trail is a three-foot-wide (0.9 m) dirt trail.

Rim Trail Destinations

